Vocabulary from the story

Adapt
To adjust and change to new situations

Calm
When your mind feels at peace

Chairperson
Someone who leads a meeting, a group, or a tribe. In this book, the Chairperson is a leader of a tribe. Other tribes may call their leader chief, governor, or president

Community
A group of people living in the sample place, or sharing the same interests and goals

Connected
Feeling a bond with things or people

Defeated
To feel like it is too hard to be able to achieve a goal

Expressing
Showing thoughts and feelings through words or actions

Focusing
Paying a lot of attention to something

Generation
A group of people born and living at the same time

Gratitude
Giving or showing thanks, being thankful

Harvesting
Collecting plants, fruit, and vegetables to eat or use

Interconnectedness
The feeling when you have a bond with yourself, your family, your community, your culture, and the land. When all these things are connected with each other

Protect
To keep something safe

Strength
To do well and be determined, even in difficult times

Support
To help something or someone

Traditional
Something that is made, done, or used, in the same or similar way over a long time by a group of people and passed down to others. Clothing, dances, food, songs, ceremonies, and more can all be traditional!

Urban
Someone that lives in a city

Worried
Feeling scared about something that may happen in the future