Project Safe Schools will have a better understanding of how schools and communities can help return students to in-person learning and what needs they have going forward as they emerge from the pandemic. Re-opening schools safely and understanding the socio-emotional and academic effects of the COVID pandemic on Native American children and adolescents will inform future programming and intervention efforts.
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CHILD CARE SERVICES

NAVAJO NATION CHILD CARE & DEVELOPMENT FUND PROGRAM
PO BOX 6
TUBA CITY, AZ 86045
p: (928) 283-3470

Provides low-income families with the financial resources; provides parents with a broad range of options in addressing their childcare needs, including center-based care, group home care, family home care, in-home relative care, and sectarian care; strengthens the role of the family; increases the availability of early childhood development programs and before/after school care services.

CHILD CARE RESOURCE AND REFERRAL
p: 1-800-308-9000
www.arizonachildcare.com
Facebook: arizonachildcare
Instagram: azccrr

The Arizona Child Care Resource and Referral (CCR&R) is a community service which matches parents seeking childcare with childcare resources. CCR&R also provides training and technical assistance to childcare providers.
GOVERNMENT, STATE AND TRIBAL SERVICES

DINÉ HATAAŁII ASSOCIATION INC.
PO Box 4800
Window Rock Az 86515

Established in the 1970s, the DHA is a 501(c)(3) non-profit organization, comprised of over 200 Diné (Navajo) medicine men and women from across the reservation, that exists to protect, preserve and promote the Diné cultural wisdom, spiritual practice, and ceremonial knowledge for present and future generations.

MOTOR VEHICLE DEPARTMENT – TUBA CITY
300 Edgewater Dr
Tuba City Az 86045
p: (928) 283-6762

Providing the following services:

• Licensing: Driver’s license, Identification Cards, Written tests, Road tests and registration.
• Registration: Titling, plates, renewal and disabled.
• Disabled Parking: Wheelchair accessible

NAVAJO LAND ADMINISTRATION – TUBA CITY
511 Tuba City Spur
Tuba City Az 86045
p: (928) 283-3194

Assist clients in obtaining homesites leases, land titles, archeological surveys, to enable families to build homes on Navajo land.

NAVAJO NATION ELECTION OFFICE – TUBA CITY
p: (928) 283-3220
NAVAJO NATION VITAL RECORDS OFFICE – TUBA CITY
407 Warrior Dr.
Tuba City Az 86045
(928) 283-3404

Issuing certified copies of vital records, including birth and death.

TUBA CITY FAIR OFFICE
PO Box 727
Tuba City Az 86045
p: (928) 283-5544

UNITED STATES POSTAL SERVICE
1 Warrior Dr
Tuba City Az 86045
p: 1-800-275-8777
DINE ELDER PROTECTION PROGRAM (DEPP)
p: (928) 283-3379 Tuba City Agency Office
p: (928) 674-2093 Chinle Agency Office
https://newmexico.networkofcare.org/aging/services/agency.aspx?pid=DineElderProtectionProgramDEPPCrownpoint_1534_1_0

PURPOSE: To protect elders within the jurisdiction of the Navajo Nation from abuse, neglect, exploitation, and maltreatment, consistent with the provisions of the Dine Elderly Protection Act. Program Eligibility: Fifty-five (55) years of age or older. Resident within the Navajo Nation. Meet NAAA guidelines.

The prevention of elder abuse, neglect, exploitation, and maltreatment to elders. "To strengthen and enhance comprehensive, coordinated activities for the prevention and treatment of elder abuse, neglect, exploitation and maltreatment."

The (DEPP) Program has four (4) components: Elders Abusive Protection, Legal Services Assistance, Health Insurance Benefits Assistance Corp. and Ombudsman (Long Term Care).

DEPARTMENT FOR SELF-RELIANCE (TANF)
PO Box 3050
Tuba City Az 86045
p: (928) 283-6613

Department of Self-Reliance’s message is to enhance the functional and productive lives of families by empowering them to achieve self-sufficiency based upon the values of Navajo Self-Sufficiency. Services offered: Time-limited cash assistance; monthly cash assistance for basic needs such as food, clothing, and housing to eligible families for a maximum of 6 months; search of educational and employment opportunities for clients; referrals for those who are job ready; substance abuse, mental health and domestic violence counseling.
NAVAJO NATION SOCIAL SERVICES
PO Box 280
Tuba City Az 86045
p: (928) 283-3266

NAVAJO NATION SOCIAL SERVICES PROMOTES SAFE AND STABLE FAMILY PROGRAMS:
FAMILY PRESERVATION-- Services for families who have experienced out of the home placement through foster placement or a childcare institution; individual, group and family counseling; referrals to other departments for mental health services, domestic violence and inpatient, residential or outpatient substance abuse treatment services; in-home parenting; traditional teaching.

TIME LIMITED REUNIFICATION-- Services for families with children who are at risk for experiencing out of the home placement or returned shortly (72 hours) after out of the home placement.

BLOCK GRANTS AND SPECIAL PROJECTS DEPARTMENT-- Electricity assistance, propane and natural gas assistance, weatherization, basic needs, housing related, employment assistance, training, and education.

NAVAJO TREATMENT CENTER FOR CHILDREN AND THEIR FAMILIES (NTCCF)
Tuba City Field Office
p: (928) 283-3261

The mission of NTCCF is to help children heal from trauma and move forward on a path of wellness and well-being. Providing voluntary outpatient counseling and other mental health services to children from ages 4 to 17 years of age, unless otherwise specified from a referring agency.

- Outpatient Counseling and aftercare services are offered to individuals, couples, groups, and families.
- Sessions are offered either at school, home or at one of the NTCCF clinics.
- Prevention education & presentations are available for schools, communities, chapters, departments and programs.
- On-going support services for children and their families.
- Participation in case staffing, MDTs and resource partnerships to ensure best care provided to patients and their families.
NATIVE AMERICANS FOR COMMUNITY ACTION (NACA)

MAIN
2717 N Steves Blvd., Suite 11
Flagstaff, AZ 86004
p: (928) 526-2968
outreach@nacainc.org

FAMILY HEALTH CENTER
1500 E Cedar Ave., Suite 26
Flagstaff, AZ 86004
p: (928) 773-1245
fhwc@nacainc.org

WELLNESS CENTER
1500 E Cedar Ave., Suite 52
Flagstaff, AZ 86004
p: (928) 773-1245 EXT. 221
fhwc@nacainc.org

NACA Inc. (Native Americans for Community Action Incorporated) is the only comprehensive, holistic, urban Native American / Indigenous peoples center in Northern Arizona; providing complete care for the entire family. Native Americans for Community Action; Where Empowerment Happens.

TUBA CITY SANE/SART/DVPI
(Sexual Assault Nurse Examiner)
(Sexual Assault Response Team)
(Domestic Violence project, Inc.)
p: (928) 283-2932/2900

Tuba City Regional Health Care Corporation (TCRHCC) SANE/SART program serves sexual assault victims by providing a comprehensive medical treatment and confidential forensic evaluation by nurse experts through a coordinated community response.
VETERAN AFFAIRS (VA) CLINIC – TUBA CITY
167 Main St
Tuba City Az 86045
p: (928) 283-4465

Provides the following services for veterans:

- Primary care using advancing telehealth technology
- Mental/PTSD
- Eligibility and enrollment
- Health maintenance/promotion/screening
- Laboratory
- Management of acute and chronic disorders
- Immunizations
- Women’s health
- Education

NORTHERN ARIZONA VA HEALTH CARE SYSTEM (NAVAHCS)
Suicide Prevention Program for Veterans

Lisa Lahaie
p: (928) 445-4860 ext. 2705
lisa.lahaie@va.gov

Jessie Smock
p: (928) 445-4860 ext. 2715
jessie.smock@va.gov

Crisis Hotline: 1-800-273-8255

TUBA CITY WOMEN, INFANTS AND CHILDREN (WIC) PROGRAM
p: (928) 283-3181

WIC provides services for low-income pregnant women, infants, and children (up to age 5) who are at nutritional risk. WIC services include nutrition education, breastfeeding education and support, referrals to other health and social services programs, and supplemental foods such as milk, cheese, and eggs.
NAVAJO HOUSING AUTHORITY
PO Box 338
Tuba City, Az 86045
p: (928) 283 5500
www.hooghan.org

The mission is to meet the needs of the Navajo people by promoting and providing affordable quality homes, professional management services, and economic growth. The housing authority encourages the development of resident organizations and on-the-job training programs. It provides education and training though the Homebuyer Education Program. It helps people seek alternative housing funds and promotes economic growth.

NAVAJO NATION DEPARTMENT OF CHILD SUPPORT SERVICES
PO Box 2988
Tuba City, Az 86045
p: (928) 283-3416

Assists parents (custodial and non-custodial) in receiving the financial support they deserve. The department strives to help parents toward self-sufficiency by assisting with getting support from absent parents.

ARIZONA DEPARTMENT OF ECONOMIC SERVICES
Family Assistance
PO Box 130
Tuba City, Az 86045
p: (928) 283-4511

Services include: Assist families in applying for and accessing food stamps and health insurance (AHCCS).
ST. JUDE’S FOOD BANK
100 Aspen Dr / PO Box 1277
Tuba City, Az 86045
p: (928) 283-6886

CONTACT: Sister Elizabeth Riddell
Provides emergency food boxes, cooperative food buy-in program, free tax preparation for low-income individuals.

TUBA CITY FOOD DISTRIBUTION
p: (928) 283-3294, 3290, 3295
f: (928) 283-3297

Provides nutritional food package to eligible Navajo families.

THE NATIONAL DOMESTIC VIOLENCE HOTLINE
p: 1-800-799-7233 (SAFE)
www.thehotline.org

This program provides domestic violence safety plans for protective orders.

WOMEN’S SHELTER (CONFIDENTIAL)
p: (928) 283-3111

Assists battered women with housing. Services are available 24 hours/day, 7 days/week. The location is confidential. Call the police department to access this service.

AMERICAN RED CROSS DISASTER SERVICE
p: 1-800-842-7349

Services include disaster relief (shelter, food, clothing, etc) for victims of natural disasters and other traumatic events.
OFFICE OF ENVIRONMENTAL HEALTH
PO Box 600
Tuba City, Az 86045
p: (928) 283-2843

The mission is to reduce morbidity and mortality rates due to injuries and environmentally related diseases, such as motor vehicle crash related deaths. Services include: Intervention education; car seat distribution on Thursdays.

SOCIAL SECURITY ADMINISTRATION
PO Box 745 / 1010 Main St
Tuba City, Az 86045
p: 1-800 772-1213

Assists with applying for and accessing social security cards and benefits.
MEDICAL/DENTAL/MENTAL HEALTH SERVICES

ARIZONA TEEN SUICIDE HOTLINE: NATIVE YOUTH CRISIS HOTLINE
p: 1-877-209-1266

A crisis hotline for Native teens at risk of suicide.

ASHLINE
Call 24/7 to get started with Quit Coaching 1-800-55-66-222

ASHLine takes calls from anyone who wants to quit tobacco. When you call in, they start the process of matching you with a Quit Coach. Quit Coaching is customized to each person individually so any special circumstances that might affect your ability to quit are considered. They also offer programs for women who are pregnant and those who use chewing tobacco.

CELEBRATE RECOVERY
Tuba City Church of Christ
p: (928) 606-8143

A Christ-Centered Recovery Program. Providing a safe place to experience freedom and overcoming hurts, habits and hang ups.

NAVAJO NATION DEPARTMENT OF BEHAVIORAL HEALTH SERVICES
Main St Building 2316
Po Box 1350
Tuba City, Az 86045
p: (928) 283-3346 ext. 3041

Committed to improving the level and quality of health, wellness and fitness of each Navajo individual affected by alcohol/substance abuse and mental health disorders. Services include: Prevention, alternative treatment services, clinical treatment services.
TERROS CRISIS RESPONSE LINE (NORTHERN ARIZONA)
24/7/365 Crisis Line
p: 1 877-756-4090

Trained crisis intervention specialists are available around the clock, every day of the year, to help over the phone.

The Crisis Line is FREE, confidential, and open to anyone who needs help.

TUBA CITY DIALYSIS
500 Edgewater Dr
Tuba City Az 86045
p: 1-866-544-6741

TUBA CITY REGIONAL HEALTH CARE CORPORATION
P.O. Box 600
167 North Main Street
Tuba City, AZ 86045
p: (928) 283-2501

Dental Clinic (928) 283-2672
Diabetic/Internal Medicine Clinic (928) 283-2689
Eye Clinic (928) 283-2748
Family Medicine Clinic (928) 283-2458
Nutrition (928) 283-2609
Pediatric Clinic (928) 283-2679
Pharmacy (928) 283-2754
Physical Therapy (928) 283-2659
Podiatry Clinic (928) 283-2660
Office of Native and Spiritual Medicine (928) 283-1372
EDUCATION / JOB TRAINING RESOURCES

NAVAJO NATION DEPARTMENT OF WORKFORCE DEVELOPMENT
PO Box 915
Tuba City, Az 86045
p: (928) 283-3320

Services: Employment training and education; two parent employment program; Workforce Investment Act; vocational rehabilitation; one stop career centers; education remediation; referrals to DES Job Service Offices, community colleges and other services.

ARIZONA AT WORK RE-EMPLOMENT SERVICES
50 S Main Street Suite# 203
Tuba City, Az 86045
p: (928) 283-5201/283-3251

Assists people with finding jobs by posting new job listing (every Wednesday), referring people to employers, working with local employer to identify job applicants, assisting with resume preparation, and conducting typing tests. Internet access is available at the office.

NAVAJO NATION EMPLOYMENT LISTING
www.dpm.navajo-nsn.gov

OFFICE OF NAVAJO NATION SCHOLARSHIP & FINANCIAL ASSISTANCE (ONNSFA)
PO Box 370
Tuba City, AZ 86045
p: 1-866-839-8151

Native college students may apply for scholarships and financial assistance for an accredited post-secondary institution. Application materials include, complete application, Certificate of Indian Blood, transcript, letter of admission, financial need analysis, and graduation/degree checklist.
NAVAJO NATION OFFICE OF SPECIAL EDUCATION & REHABILITATION SERVICES
Dook’o’oosliid Office/Retail Center
North of Highway 160
Tuba City, Arizona 86045
p: 928-283-3481
http://www.nnosers.org/about-us.aspx

Department of Diné Education, OSERS provides vocational rehabilitation services to eligible Navajo People with disabilities who are interested in going to work.

Vocational Rehabilitation is funded by a grant from the United States Department of Education, Rehabilitation Services Administration (RSA). The goal of Vocational Rehabilitation is to assist people with disabilities to obtain or maintain employment.

TUBA CITY PUBLIC LIBRARY
78 Main St.
Tuba City, Az 86045
p: (928) 283-5856

DINE COLLEGE
PO Box 1716
Tuba City, AZ 86045
p: (928) 283-5113/6861
www.dinecollege.edu

NORTHERN ARIZONA UNIVERSITY DISTANCE LEARNING
p: (800) 426-8315 *Press number 2 Option
www.distance.nau.edu/campuses/campus_advisors.aspx?campus=Tuba

TUBA CITY UNIFIED SCHOOL DISTRICT # 15
PO BOX 67
Tuba City, Az 86045
p: (928) 283-4211
support@warrior.tubacity.k12.az.us
GREYHILLS HIGH SCHOOL
Warrior Dr
Tuba City, AZ 86045
p: (928) 283-6271

TUBA CITY BOARDING SCHOOL
306 Main Street/ PO Box 187
Tuba City, AZ 86045
p: (928) 283-2330
PROGRAMS FOR YOUTH

HOPI OPPORTUNITY YOUTH INITIATIVE
Kyle Knox: (928) 734-2380
Hannah Honani: (928) 734-2390
PO Box 301, Kykotsmovi, Az 86039
https://www.hopifoundation.org/hoyi

Focuses on our community’s most at-risk youth between the ages of 14 to 26 who are not actively engaged in school or in the workforce. The goal of the Initiative is to bring together community members and organizations that will promote positive change and explore opportunities to help strengthen support for Hopi/Tewa youth.

NAVAJO NATION DEPARTMENT OF YOUTH/OFFICE OF DINE YOUTH
PO Box 2380
Tuba City, Az 86045
p: (928) 283-3021/3023

The Department of Youth advocates for youth through partnerships with community resources. The mission is to develop healthy generations of resilient and educated youth who will support the sovereignty of the Diné Nation. Programs include: Youth career incentive programs, recreation programs, youth counseling programs, intern programs, high school preparatory/enrichment programs, youth stipends and youth opportunities.
RECREATION AND SPORT FACILITIES

LOUISE YELLOWMAN COUNTY PARK – TUBA CITY
2446 Ft. Tuthill Loop
Flagstaff, AZ 86005
p: (928) 679-8000
f: (928) 774-2572

Features a state-of-the-art skate/bicycle park with a 13’ vertical wall, basketball court, playground equipment, group pavilion, shade ramadas, picnic tables, barbeque grills, drinking fountains, restrooms and a mile paved walking trail. Facilities are available for private and public events.

HOPI WELLNESS CENTER
(928) 734-3443

MISSION
The Office of Health Services is a professional team offering services in promoting healthy lifestyles through Health Promotions and Disease Prevention.

VISION
To instill personal responsibility through learning about health promotion and disease prevention, to create healthy families and communities.

PHILOSOPHY
In order to sustain our Mission and Vision, it is our strong belief and commitment that we will support one another through collaboration, coordination and communication at all levels with respect to one another.
CHURCHES

FIRST PRESBYTERIAN CHURCH
Main Street
Tuba City, Az 86045
p: (928) 283-5527

FIRST SOUTHERN BAPTIST CHURCH
Peshlakai Ave
Tuba City, AZ 86045
p: (928) 283-4400

TUBA CITY CHURCH OF CHRIST
133 Peshlakai Ave
Tuba City, AZ 86045
p: (928) 645-2513

TUBA CITY DISCIPLESHIP CENTER
PO Box 4059
Tuba City, AZ 86045
p: (928) 606-0302

TUBA CITY FIRST BAPTIST CHURCH
3 Cul-De-Sac-3
Tuba City, Az 86045

TUBA CITY ASSEMBLY OF GOD
Peshlakai Ave
Tuba City, AZ
p: (928) 283-4437
TUBA CITY POTTER’S HOUSE
400 N Peshlakai Dr
Tuba City, AZ 86045

THE CHURCH OF JESUS CHRIST LATTER-DAY SAINTS
p: (928) 645-2513

SAINT JUDE CATHOLIC CHURCH
p: (928) 283-5391
EMERGENCY/LEGAL SERVICES

TUBA CITY POLICE DEPARTMENT
p: (928) 283-3111

TUBA CITY FIRE STATION #40
p: (928) 283-3007

NAVAJO DEPARTMENT OF CORRECTIONS
p: (928) 871-7555

TUBA CITY PROSECUTOR
p: (928) 283-3160

TUBA CITY PUBLIC DEFENDERS
p: (928)-283-3087

TUBA CITY PROBATION
p: (928) 283-3159

VICTIM WITNESS SERVICES BRANCH – TUBA CITY
Laurelle Shepperd: 928-255-8823
https://vwscoconino.org

Offers compassionate support to victims, witnesses and survivors of crime and trauma through effective response and community outreach.
ENTERPRISE

H&R BLOCK
HWY 160
Tuba City Az 86045
p: (928) 283-5348

FERRELL GAS
105 S Main St
Tuba City Az 86045
p: (928) 283-5279

TITAN PROPEANE
38 Moenave Rd
Tuba City Az 86045
p: (928) 283-4567

EL GRAN TIRE
US-160
Tuba City Az 86045
p: (928) 283-4622

HUSKIE TAX SERVICES
p: (928) 266-6499

TUBA CITY AUTO INC.
US-160
Tuba City Az 86045
p: (928) 283-5494
REZ VET
Dr. Adrian Ruby: (928) 521-6241
Veterinarian based in Dilcon, Arizona and serving Western Navajo.

WELLS FARGO BANK
97 Main St
Tuba City Az 86045
p: (928) 283-4552

CAL’S AUTO BODY SHOP
345 US-160
Tuba City Az 86045
p: (928) 283-5394

CELLULAR ONE
322 HWY 160
Tuba City Az 86045
p: 1-800-730-2351

FRONTIER COMMUNICATIONS
3 Maple St
Tuba City Az 86045
p: 1-800-921-8101
ADDITIONAL RESOURCES

Mental Health Resources

Crisis Text Line (Text “NATIVE” or “INDIGENOUS” to 741741)

Texting this number will connect you with a crisis counselor.


https://www.who.int/publications/i/item/9789240003927

Indian Country Child Trauma Center at the University of Oklahoma The Indian Country Child Trauma Center (ICCTC) offers trauma-related treatment protocols, outreach materials, and service delivery guidelines specifically designed for American Indian and Alaska Native (AI/AN) children and their families. http://www.icctc.org/

National Suicide Prevention Lifeline

(1-800-273-8255)

Confidential, free support for people in distress and prevention and crisis resources, available 24/7.

SAMHSA Behavioral Health Treatment Locator

A secure, anonymous list that helps locate mental health treatment centers and resources near you. https://findtreatment.samhsa.gov

SAMHSA LGBTQ2S Resources

A list of resources to support two-spirit youth and adults. https://www.samhsa.gov/sites/default/files/nclgbtq2s-resources.pdf
Stress and Anxiety Management for Community Health Workers During Coronavirus


Stress and Anxiety Management for Providers During COVID-19


StrongHearts Native Helpline

(1-844-762-8483)

A confidential, anonymous, and culturally appropriate domestic violence and dating violence helpline for Native Americans, available every day from 7 a.m. to 10 p.m. CT.

We R Native

A comprehensive mental health resource for Native youth, including resources specifically for two-spirit youth.

https://www.wernative.org/

https://www.wernative.org/my-relationships/sexual-health/lgbt-two-spirit