

# Testing positive for COVID does not make you a bad relative

## We can all do our part to keep our loved ones safe.

We remain compassionate to those in our communities dealing with COVID-19 hardships. COVID has caused many challenges for our people, but we continue uplifting our cultural values of care and respect as we learn more about COVID. As variants emerge, more people will test positive for COVID. If you test positive, have exposure, or are feeling ill, it is important to let others know as we work to decrease the spread of disease. Contact your local Native health provider for more information.



JOHNS HOPKINS  
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For more information:  
[CDC.gov/coronavirus](https://www.cdc.gov/coronavirus)

Effective February 4, 2022  
Source: CDC