[Create Cover Page]

Traditional Foodways Education Program (TFEP) Curriculum

[Insert Picture of TFEP in action]

[Insert name of community and/or organization]



[Year]

**Introduction**

[Provide background on the TFEP in your community and who the curriculum was created for (e.g., culture, age group, unique circumstances)]

**Acknowledgements**

[List individuals and/or organizations that contributed to the development of the curricula, including funders, authors, elders and other key stakeholders.]

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 *Lesson 3:*

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 *Lesson 5:*

 *Lesson 6:*

 *Lesson 7:*

 *Lesson 8:*

Fall Lessons

  *Lesson 1:*

  *Lesson 2:*

 *Lesson 3:*

 *Lesson 4:*

 *Lesson 5:*

 *Lesson 6:*

 *Lesson 7:*

 *Lesson 8:*

\*Please note: Customize seasons according to your community’s traditions (i.e., Spring, Summer, Fall).

You may also add Floater lessons that may be used during any season.

**Spring**

[Provide an overview of what this season means to your community and give a brief overview of what the lessons will cover]

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| **Lesson 1: Lesson Title**[Provide overview of lesson] |
| **Lesson 2: Lesson Title**[Provide overview of lesson] |
| **Lesson 3: Lesson Title**[Provide overview of lesson] |
| **Lesson 4: Lesson Title**[Provide overview of lesson] |
| **Lesson 5: Lesson Title**[Provide overview of lesson] |
| **Lesson 6: Lesson Title**[Provide overview of lesson] |
| **Lesson 7: Lesson Title**[Provide overview of lesson] |
| **Lesson 8: Lesson Title**[Provide overview of lesson] |

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| Introduction Lesson**Overview Title** |
| *Time* [provide the amount of time the lesson will take to complete] *Materials** List all materials needed for the lesson
 | *Learning Objectives*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson* [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.] |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.]  |

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| Lesson 1 – Spring \*[Indicate if Elder/Farmer is needed]**Lesson Title**  |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
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| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.]  |

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| Lesson 2 – Spring \*[Indicate if Elder/Farmer is needed]**Lesson Title**  |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.]  |

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| Lesson 3 – Spring \*[Indicate if Elder/Farmer is needed]**Lesson Title**  |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.]  |

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| Lesson 4 – Spring \*[Indicate if Elder/Farmer is needed]**Lesson Title**  |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
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| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.]  |

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| Lesson 5 – Spring \*[Indicate if Elder/Farmer is needed]**Lesson Title**  |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.]  |

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| Lesson 6 – Spring \*[Indicate if Elder/Farmer is needed]**Lesson Title**  |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
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| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.]  |

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| Lesson 7 – Spring \*[Indicate if Elder/Farmer is needed]**Lesson Title**  |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
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| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.]  |

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| Lesson 8 – Spring \*[Indicate if Elder/Farmer is needed]**Lesson Title**  |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.]  |

**Summer**

[Provide an overview of what this season means to your community and give a brief overview of what the lessons will cover]

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| **Lesson 1: Lesson Title**[Provide overview of lesson] |
| **Lesson 2: Lesson Title**[Provide overview of lesson] |
| **Lesson 3: Lesson Title**[Provide overview of lesson] |
| **Lesson 4: Lesson Title**[Provide overview of lesson] |
| **Lesson 5: Lesson Title**[Provide overview of lesson] |
| **Lesson 6: Lesson Title**[Provide overview of lesson] |
| **Lesson 7: Lesson Title**[Provide overview of lesson] |
| **Lesson 8: Lesson Title**[Provide overview of lesson] |

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| Lesson 1 - Summer \*[Indicate if Elder/Farmer is needed]**Lesson Title** |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.] |

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| Lesson 2 - Summer \*[Indicate if Elder/Farmer is needed]**Lesson Title** |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.] |

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| Lesson 3 - Summer \*[Indicate if Elder/Farmer is needed]**Lesson Title** |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
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| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.] |

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| Lesson 4 - Summer \*[Indicate if Elder/Farmer is needed]**Lesson Title** |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.] |

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| Lesson 5 - Summer \*[Indicate if Elder/Farmer is needed]**Lesson Title** |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.] |

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| Lesson 6 - Summer \*[Indicate if Elder/Farmer is needed]**Lesson Title** |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.] |

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| Lesson 7 - Summer \*[Indicate if Elder/Farmer is needed]**Lesson Title** |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.] |

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| Lesson 8 - Summer \*[Indicate if Elder/Farmer is needed]**Lesson Title** |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.] |

# Fall

[Provide an overview of what this season means to your community and give a brief overview of what the lessons will cover]

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| **Lesson 1: Lesson Title**[Provide overview of lesson] |
| **Lesson 2: Lesson Title**[Provide overview of lesson] |
| **Lesson 3: Lesson Title**[Provide overview of lesson] |
| **Lesson 4: Lesson Title**[Provide overview of lesson] |
| **Lesson 5: Lesson Title**[Provide overview of lesson] |
| **Lesson 6: Lesson Title**[Provide overview of lesson] |
| **Lesson 7: Lesson Title**[Provide overview of lesson] |
| **Lesson 8: Lesson Title**[Provide overview of lesson] |

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| Lesson 1 – Fall \*[Indicate if Elder/Farmer is needed]**Lesson Title**  |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.]  |

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| Lesson 2 – Fall \*[Indicate if Elder/Farmer is needed]**Lesson Title**  |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.]  |

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| Lesson 3 – Fall \*[Indicate if Elder/Farmer is needed]**Lesson Title**  |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.]  |

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| Lesson 4 – Fall \*[Indicate if Elder/Farmer is needed]**Lesson Title**  |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.]  |

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| Lesson 5 – Fall \*[Indicate if Elder/Farmer is needed]**Lesson Title**  |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.]  |

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| Lesson 6 – Fall \*[Indicate if Elder/Farmer is needed]**Lesson Title**  |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.]  |

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| Lesson 7 – Fall \*[Indicate if Elder/Farmer is needed]**Lesson Title**  |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
 |
| *Activity/Lesson*1. [Describe how the lesson will be taught. Provide step-by-step instructions. You may include guiding questions for the instructor.]
 |
| *Teaching Notes*[Provide additional information that may help the instructor teach the lesson more effectively.]  |

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| Lesson 8 – Fall \*[Indicate if Elder/Farmer is needed]**Lesson Title**  |
| *Time* [provide the amount of time the lesson will take to complete]*Materials** List all materials needed for the lesson
 | *Lesson Overview* [Provide an overview of the lesson. Summarize what will be done.]*Learning Objective*1. [Describe what the students will learn from this lesson.]
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