

Did you know that all women should receive four shots (vaccines) while they are pregnant?



These shots can protect pregnant women and their babies from the flu (influenza), whooping cough (pertussis), RSV and COVID.



Pregnant women should talk to their doctor, midwife, or healthcare provider about how this works.



The shots are safe for both mom and baby, and can continue to protect the baby after he or she is born

**Give babies a healthy
start to life!**



ARIZONA DEPARTMENT
OF HEALTH SERVICES



CENTER FOR
INDIGENOUS HEALTH

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