

[UNIVERSITY/SCHOOL]
ASSENT FORM

Study Title:

Principal Investigator:

IRB No.:

PI Version Date:

Key Information

- You are being asked to participate in a research study to help us understand binge substance use in Native American youth.
- This study is a one-hour long interview.
- You can receive one \$30 gift card.
- Your decision to participate is voluntary. You may choose not to take part at all, and if you join, you may decide to quit at any time. There will be no penalty if you decide to end your participation in the study.
- During the study, we will tell you if we learn any new information that might affect whether you wish to continue to be in the study.

Purpose of the study

We want to tell you about a one-hour long research study we are doing. Research allows us to collect information from people to help us answer questions about health. We would like to find out more about how to best help Native American youth reduce their use of alcohol and drugs. All information collected will help us adapt a program to help youth ages 12-17 with binge substance use.

Why you are being asked to join the study

You are being asked to join the study because you are a youth between the ages of 12-17, reside on/near [Reservation], identify as Native American, and have knowledge or experience of youth binge drinking. We hope to include about 30 youth in this study. Some of the youth we will talk to use alcohol and other substances, and some of the youth do not.

Study procedures

If you agree to join this study, you will be asked to participate in a one-hour interview with a Research Program Assistant (RPA) from the Life team. This interview will take about an hour, and they will ask you questions about your experiences with binge drinking or your thoughts about youth alcohol and drug use in your community if you do not engage in binge drinking. Some of the questions will focus on the role of your peers, family, and school in why youth may or may not drink. The RPA will audio record your answers so they can be typed and read, and we can make sure the RPA are following correct study procedures and to accurately capture all the information youth share. Recordings will be kept confidential and destroyed once quality assurance forms are completed. Transcripts will be de-identified (so they are not attached to your name), stored in a secure, online database, and deleted at the end of the study.

We won't report anything you tell us in the interview session unless we're worried you might hurt yourself, you might hurt someone else, or someone is hurting you. Life RPAs will make sure you understand all the study procedures. You should ask questions at any time. You might sign this form to join the study.

Risks

The assessment visit will take about an hour. Some of the questions we will ask may make you uncomfortable. We will ask about your experiences and reasons for/against alcohol and drug use. You may skip any questions you want and take your time thinking about your responses. We will keep your answers private and will not share them with anybody.

We hope you will feel more comfortable knowing that our study staff are trained to be good listeners and are there to help you.

Benefits

We hope to learn something that will help other Native youth and adolescents who struggle with alcohol and/or drug use issues.

Payment

You will receive a gift card upon completion of the interview session with your Life RPA for answering the questions that they ask you. For participating in this study, you will be compensated in the amount of a \$30 gift card. The Life staff will not be responsible for lost or stolen gift cards, and you will not receive another gift card should it be lost or stolen.

Voluntary participation

You do not have to join this study. It is up to you. You can say okay now, and you can change your mind later. All you need to do is tell us. No one will be mad at you if you change your mind.

Do you have any questions?

If you want to join this study, please sign your name. You will get a copy of this form to keep for yourself.

(Sign your name here)

(Date)

(Signature of Person Obtaining Assent)

(Date)