

COVID-19 Vaccines and Pregnancy: Protecting Parents and Babies

COVID-19 vaccines are safe and recommended for all people who are pregnant, breastfeeding, trying to get pregnant, or might become pregnant in the future. Taking steps to protect yourself against COVID-19 can help keep future generations safe!

There are many reasons to get vaccinated if you are pregnant:

- 1. Pregnancy can make COVID-19 disease more serious.** A pregnant person is twice as likely to be hospitalized with COVID-19. Getting vaccinated can protect you from severe disease.
- 2. COVID-19 vaccines are safe for parents AND babies.** Hundreds of thousands of pregnant people have already been safely vaccinated for COVID-19 and had healthy babies.
- 3. Getting a COVID-19 vaccine during pregnancy might protect your baby, too! The defenses your body makes against the virus can be passed to your baby during pregnancy and while breastfeeding.**



Calling Future Parents! Current data shows getting vaccinated against COVID-19 has no effect on your ability to become pregnant or have a healthy child in the future. A vaccine may actually protect you from long-term effects of COVID-19 disease on your overall health and ability to get pregnant.