

SESSION TEN: QUALITIES OF FRIENDSHIP QUIZ

Friendship is a two way street. To make friends, you have to be a friend. The better friend you are, the more friends you are likely to have. This test lists some of the qualities of friendship. Try it and see how you score.

Answer Yes or No to the following questions with an X in the box.

YES NO

1. Are you good at keeping your word or a promise?
2. Do you find it easy to forgive and forget things that have made you mad?
3. Are you quick to apologize when you have done something wrong?
4. Are you good at keeping the friends you make?
5. Are you a good listener?
6. If you like someone very much, would your friendship be the same if he or she became unpopular?
7. Can people rely on you to keep a secret?
8. Do you offer to help out when someone needs it?
9. Do you take responsibility for your actions and own up when something is your fault?
10. Are you quick to give compliments to other people and mean them?

	YES		NO

TOTAL: _____ X 5 =
 YOUR SCORE: _____

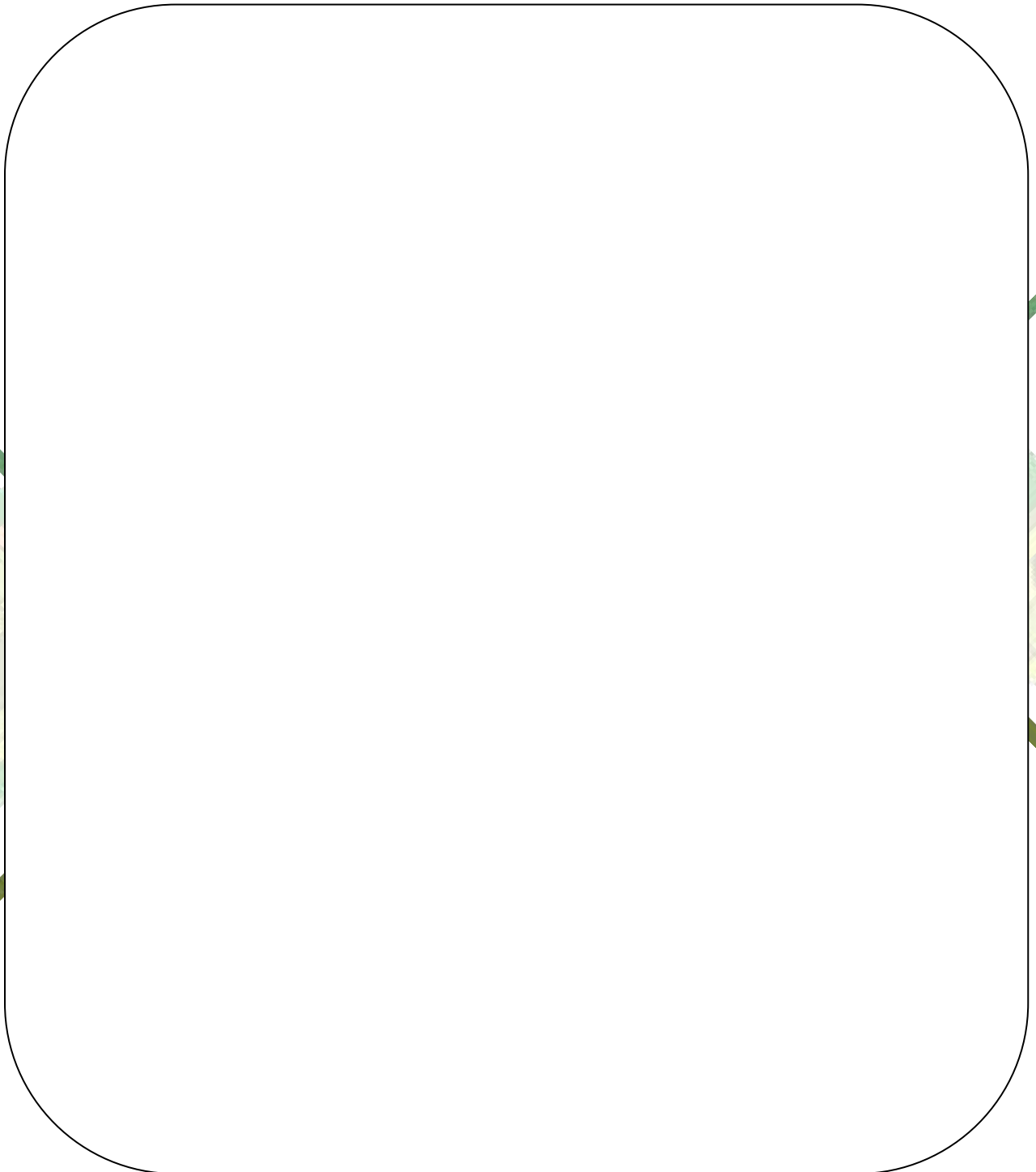
Count 5 points for each yes.

A score over 35 is good. A score of 30-35 is satisfactory.
 A score of 25-30 is fair. A score under 25 is poor.

If you want to improve your score, think about the qualities that you look for in a friend.
Be the kind of friend you would like to have!

SESSION TEN: TAKE HOME ACTIVITY**MY BEST FRIEND**

Use the space provided below to draw a picture of your good friend or your best friend. Write a few words about the qualities that you admire and respect in them.



A large, empty rounded rectangular box with a black outline, intended for drawing and writing. The box is centered on the page and occupies most of the lower half. On the left and right sides, there are decorative elements consisting of a green diamond shape with a patterned interior, partially overlapping the box's border.