

SESSION NINE: TEASING RESPONSES

1.
Tell a trusted adult.

2.
Talk to a friend about it.

3.
Laugh about it.

4.
Tease the person back.



5.
Say something smart.



6.
Hold your head up high with pride because you are Anishinabe.



7.
Forget about it.

8.
Do something to feel good about yourself.

9.
Don't let it bother you.

10.
Pray for the other person.

11.
Offer tobacco.

SESSION NINE: CULTURE TREE

Youth will split up into three groups. Each group will be responsible for one section of the tree: roots, trunk, or leaves.

Roots: Draw the roots of a tree and include images that represent the history and ancestors of our tribe. Use Ojibwe words to represent our language and culture. Draw pictures that represent traditional ways of life.

Trunk: Create a trunk by making the bark that protects the growth of the Anishinabe people. Include the Sacred Values and Sacred Plants and other teachings that represent the values that our tribe lives by.

Branches and Leaves: Draw branches and then use the leaves to represent the visual aspects of our tribe that everybody sees, like children and parents and Elders. Include activities like hunting and fishing, ceremonies and Ricing and Pow Wows, and other things that are important to you!

When you are done with your artwork, bring it up front and we will put the culture tree together!



SESSION NINE: FAMILY DISCRIMINATION RESPONSE PLAN

This is how we are going to protect ourselves, our families, and our communities from discrimination....

YOUTH:

When someone is being mean to me, I will...

When I see someone being treated badly, I will...



PLEDGE:

I pledge to try to never say or do anything that might hurt someone's feelings. I will be on alert for signs of discrimination and be willing to take action. I will tell a teacher, parent, or trusted adult when I learn of or witness a discriminatory situation.

Youth Signature

Date

SESSION NINE: TAKE HOME ACTIVITY

SEVEN SACRED VALUES

The Seven Sacred Values are described in their relationship to seven animals. Does one of these seem more like you than the others? If you had to pick one animal that represented characteristics that are important to you, which animal would you choose and why?



Raven - Honesty

Eagle - Love



Buffalo/Bison - Respect

Bear - Bravery

Wolf - Humility

Beaver - Wisdom



Turtle - Truth