Adapted Cultural Efficacy

Record ID _____

The following questions ask about how comfortable you feel accessing cultural and traditional resources in your community. We know this is different for everyone. For some people connecting to culture might be hearing stories from grandparents or learning language. For others, it may include other practices or traditions. Please just do your best to answer the following questions and how you feel in general.

I feel confident about my ability to learn my cultural ways.

◯ Strongly disagree
◯ Disagree
◯ Neither agree or disagree
◯ Agree
◯ Strongly agree

Many of the things I do are to give back to people in my community.

◯ Strongly disagree
◯ Disagree
◯ Neither agree or disagree
◯ Agree
◯ Strongly agree

I want to learn more about my culture.

◯ Strongly disagree
◯ Disagree
◯ Neither agree or disagree
◯ Agree
◯ Strongly agree

I am satisfied with my opportunities to engage in cultural ways.

◯ Strongly disagree
◯ Disagree
◯ Neither agree or disagree
◯ Agree
◯ Strongly agree

I am not always sure how to act if I am in cultural settings.

◯ Strongly disagree
◯ Disagree
◯ Neither agree or disagree
◯ Agree
◯ Strongly agree

It is difficult to live by cultural ways in today's modern world.

◯ Strongly disagree
◯ Disagree
◯ Neither agree or disagree
◯ Agree
◯ Strongly agree

I want to be a role model for other people from my community.

◯ Strongly disagree
◯ Disagree
◯ Neither agree or disagree
◯ Agree
◯ Strongly agree